



The CAP Money Course is a revolutionary money management course that teaches people budgeting skills and a simple, cash-based system that really works.

This course will help anyone to get more in control of their finances, so they can save, give and prevent debt. The CAP Money Course is a course devised by the award winning debt counselling charity, Christians Against Poverty.

[www.capmoney.org](http://www.capmoney.org)

## **CAP Money Course**

**Get help to:  
Budget, Save and  
Spend.**

**St Mary's Church,  
Summerstown**

**7-9pm Thursday 30th Jan  
&  
7-9pm Thursday 6th Feb**

christians  
against  
poverty

**CAP**

**Email: [stmarys@summerstown.org.uk](mailto:stmarys@summerstown.org.uk) for more information**